Guidelines for Preventing the Spread of Infection at the Farm

- Wash your hands often with soap and water for 20 seconds and dry them with paper towels
  - Upon arrival at the Farm
  - Before harvesting
  - Before eating
  - Before putting on and after removing gloves
  - Before/after touching your face
  - After using the toilet
- While it’s best to wash your hands, if they are not visibly soiled, you can use hand sanitizer with at least 62% alcohol
  - Before eating
  - Before putting on gloves
  - Before/after touching your face
- Avoid touching your face especially eyes, nose and mouth.
- Clean and disinfect frequently touched surfaces like tools, tables, harvest trays, door handles including port-a-potty (inside and out), cell phones, and keyboards daily using regular household detergent and water and an EPA approved sanitizer for COVID-19.
- Cover coughs and sneezes with a tissue, then immediately throw it away in a plastic lined garbage can. If you don’t have a tissue, cover your cough with your elbow rather than your hand. Immediately wash your hands for 20 seconds.
- Maintain social distancing of at least 6 feet from others since folks coughing or sneezing can spread infection by droplets.
- Use only gloves from the ‘Clean’ bin and discard used gloves in ‘Dirty’ one.
- Stay home when you are sick, monitor your symptoms, and seek a health professional’s advice if your condition worsens.