UNIVERSITY OF CALIFORNIA Agriculture and Natural Resources

Guidelines for Preventing the Spread of Infection at the Farm

- Stay home when you are sick, monitor your symptoms, and seek a health professional's advice if your condition worsens.
- Review Safe Food Handling PowerPoint and Safe Food Handling Policy & Procedures document before returning to work.
- Maintain 6 feet social distancing at all times and follow all new guidelines, policies & procedures regarding safe food handling, health and hygiene, and cleaning & sanitizing.
- Wash your hands often with soap and water for 20 seconds and dry them with paper towels
 - Upon arrival at the Farm
 - Before/after harvesting
 - Before/after eating
 - o Before putting on and after removing face mask and gloves
 - o Before/after touching your face
 - o Before/after using the toilet
- Infection is largely spread from person to person through droplets from coughing, sneezing, and touching hands and face. Maintain social distancing and regular handwashing to minimize risk of infection spread.
- Consider wearing a mask to avoid touching your face especially eyes, nose and mouth.
- Clean and disinfect frequently touched surfaces like tools, tables, harvest trays, door handles including port-a-potty (inside and out), cell phones, and keyboards daily using regular household detergent and water and an EPA approved sanitizer for COVID-19.
- Cover coughs and sneezes with a tissue, then immediately throw it away in a plastic lined garbage can. If you don't have a tissue, cover your cough with your elbow rather than your hand. Immediately wash your hands for 20 seconds.
- Use only gloves from the 'Clean' bin and discard used gloves in 'Dirty' one.